

FibroScan

The FibroScan is a noninvasive way to gauge the health of your liver. With the FibroScan, liver stiffness is measured, which indicates whether or not scarring is present, and which can also indicate the extent of the scarring. Scarring of the liver in the initial stages is called fibrosis, and more severe scarring is cirrhosis.

If you are recommended a fibroscan of the liver, it is likely to assess the health of your liver and detect liver fibrosis, which can indicate the presence and extent of liver damage or liver disease.

What to expect once you arrive for the Test:

- A FibroScan requires no sedation of any kind. You may drive yourself to and from the test.
- You will need to be fasting for **3 hours before**. **NO** food, **ONLY** water.
- The procedure takes about 5-10 minutes. Your appointment will last about 20 minutes.
- For the exam, you will lie on your back with your legs crossed, your arms raised above your head, and your abdominal area exposed (wear loose fitting clothing.) Please also refrain from wearing any perfumes/cologne to your appointment.
- The medical assistant will apply a water-based gel to your skin, then place a non-invasive probe over your liver. During the exam, you may feel a slight vibration on the skin at the tip of the probe as it delivers ultrasound waves to the area for measuring purposes.
- Results will be reviewed by the provider in about 3-4 weeks and you will come back into clinic to discuss further.

Appointment Date:

Time:

Location: PDH- Rancho office

9481 Pittsburgh Ave. Ste 200 Rancho Cucamonga

If you have any questions, please contact our office at (909)655-0300.