

ENDOSCOPY

Platinum Digestive Health

You **MUST have a driver to drive you home**. No Taxi or Rideshare. Failure to do so will result in the cancellation of your procedure.

Fast Before the Endoscopy

- You will need to stop drinking and eating (8) hours before your endoscopy to ensure your stomach is empty for the procedure.
- **IMPORTANT:** If you are taking blood-thinning medications or any GLP-1, to please notify our office staff as you will need to be off these medications. Clearance may be required.
- It is okay to take blood pressure medication in the morning of your procedure. Please remember to take all other medications after the procedure.
- If you are receiving general anesthesia, you may be asked to have work up done by anesthesiologist, doctor, and/or hospital including EKG, Chest X-ray, Laboratory work up.

Plan Ahead For Your Recovery

- You will receive a sedative to relax them and make them more comfortable during the procedure.
- You may feel mentally alert, but your memory, reaction times and judgement may be impaired.
- You cannot work for the rest of the day. Most likely, you can go back to work the next day.
- Don't make any important personal or financial decisions for 24 hours.

If you have any trouble, do not understand the prep instructions, or have any questions regarding your procedure, please visit www.PDHGI.com or call the office directly at [909-655-0300](tel:909-655-0300).

LOCATIONS:

- San Antonio HOSPITAL – 999 San Bernardino Rd. Upland, Ca 91786. Go through the main entrance (fountain) and ask for the GI lab at the reception (at ACU if with General Anesthesia)
- San Antonio SURGERY CENTER (west side of San Antonio Hospital) – 901 San Bernardino Rd. Upland CA 91786
- Archibald Surgery Center – 9674 Archibald Ave. Ste 175 Rancho Cucamonga, Ca 91730
- Pomona Valley Hospital Medical Center- 1798 N Garey Ave. Pomona, Ca 91767 (enter through the Women's Center. Around back, where the fountain is located.)

Please be advised that the facility will call you any time from 7 days to the night before the procedure to give you the time of arrival. Also, a reminder, if you are on any blood thinners or GLP-1 medication, please notify our office staff.