

Blood thinners – Hold policy

Drug	HIGH-risk procedure
Aspirin 81–325 mg	Do NOT hold (continue for secondary CV prevention)
Clopidogrel (Plavix), Prasugrel (Effient), Ticagrelor (Brilinta)	Hold 5 to 7 days (physician preference)
Warfarin (Coumadin)	Hold 5 days , no bridging; check INR
Apixaban (Eliquis), Rivaroxaban (Xarelto), Edoxaban (Savaysa)	Hold 1–2 days (last dose 2 days before)
Dabigatran (Pradaxa)	CrCl >80: 2 days ; 50–80: 3 days ; 30–50: 4 days
Enoxaparin (Lovenox) therapeutic	Last dose 24 h before procedure

Patients who require cardiac/ordering physician's clearance:

- Stent placed within the last 12 months, or ACS/MI within 3 months (prefer to avoid GI procedure)
- Stroke/TIA, DVT, or PE within the last 3 months (prefer to avoid GI procedure)
- Mechanical heart valve, or AFib with heart failure/valve disease

Diabetes / weight-loss and heart medications

Drug	Instruction
GLP-1 / GIP-GLP-1: Semaglutide (Ozempic, Wegovy, Rybelsus), Tirzepatide (Mounjaro, Zepbound), Dulaglutide (Trulicity), Liraglutide (Victoza, Saxenda), Exenatide	Common practice: - hold WEEKLY drug 1 week before (so approximately around up to 2 weeks before procedure) - hold DAILY drug (Victoza) on procedure day. Clear-liquid diet the full day before is preferred.
SGLT2 inhibitors: empagliflozin (Jardiance) dapagliflozin (Farxiga), canagliflozin (Invokana), + combos (Synjardy, Xigduo, Trijardy)	Hold 3 days before (last dose 3 days prior).
Ertugliflozin (Steglatro, Segluromet); Phenteramine (weight loss med)	Hold 4 days before.
Metformin, other oral diabetes pills, SU (glipizide), short-acting insulin	Hold on the day of the procedure / while on clear liquids. Insulin dosing per MD.
Hypertension Medications: Entresto (sacubitril/valsartan), other ARB/ACE (lisinopril etc.), beta-blockers, statins	No routine hold for endoscopy. Take beta-blockers with a sip of water. [REDACTED] [REDACTED] [REDACTED]